



Achieve Personal Goals

Visualize the best version of yourself by completing the health assessment in four simple steps. Get access to advanced health tools and programs that can lead to a healthier, happier you.

What's Next?

- 1 Access Well onTarget to complete your health assessment in less than 15 minutes.
- 2 If already registered, simply log in to [Well onTarget](#). If you still need to register, head over to the [new member registration page](#) and have your member ID card ready.
- 3 Click the "Get Started Now" button to begin.
- 4 Once complete, you will receive a Personal Wellness Report informing you on where to focus your efforts.

Learn more about [Well onTarget](#) programs.

Download The App

Download the AlwaysOn Wellness mobile app in the Apple or Google Store. It can help you regularly connect with your wellness program, work on your wellness goals and stay inspired — anytime and anywhere.



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*Blue Points program rules are subject to change without prior notice. See the Program Rules on the Well onTarget Member Wellness Portal at wellontarget.com for further information. Member agrees to comply with all applicable federal, state and local laws, including making all disclosures and paying all taxes with respect to their receipt of any reward.

The Well onTarget program is offered to you as a part of your employer-sponsored benefits. Participation in the Well onTarget program, including the completion of a Health Assessment, is voluntary and you are not required to participate. Visit Well onTarget for complete details and terms and conditions.

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300 E. Randolph Street, Chicago, IL 60601

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