



Discover how you can earn Blue Points® for completing activities

Do Something In 2023 That You'll Remember.

Let's face it...following through with resolutions will never be easy. Yet Blue Cross and Blue Shield of Illinois has made changes to the [Well onTarget](#) program to bring you better health tools that will teach you how to focus on what's most important.

 <p>Take a Self-Management Program to learn about health conditions</p>	 <p>Receive health assessment recommendations and reports</p>	 <p>Keep track of your health with daily Intake trackers</p>
 <p>Receive support on your action plan</p>	 <p>Activate a preferred device or app to monitor activity and nutrition</p>	

What's Next?

If already registered, simply login below. If you still need to register, select register and have your member ID card ready. Learn more about [Well onTarget programs](#).

[Log In](#) [Register](#)

Download The App

Download the AlwaysOn Wellness mobile app in the Apple or Google Store. It can help you regularly connect with your wellness program, work on your wellness goals and stay inspired — anytime and anywhere.



bcbsil.com



*Blue Points program rules are subject to change without prior notice. See the Program Rules on the Well onTarget Member Wellness Portal at [wellontarget.com](#) for further information. Member agrees to comply with all applicable federal, state and local laws, including making all disclosures and paying all taxes with respect to their receipt of any reward.

The Well onTarget program is offered to you as a part of your employer-sponsored benefits. Participation in the Well onTarget program, including the completion of a Health Assessment, is voluntary and you are not required to participate. Visit Well onTarget for complete details and terms and conditions.

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